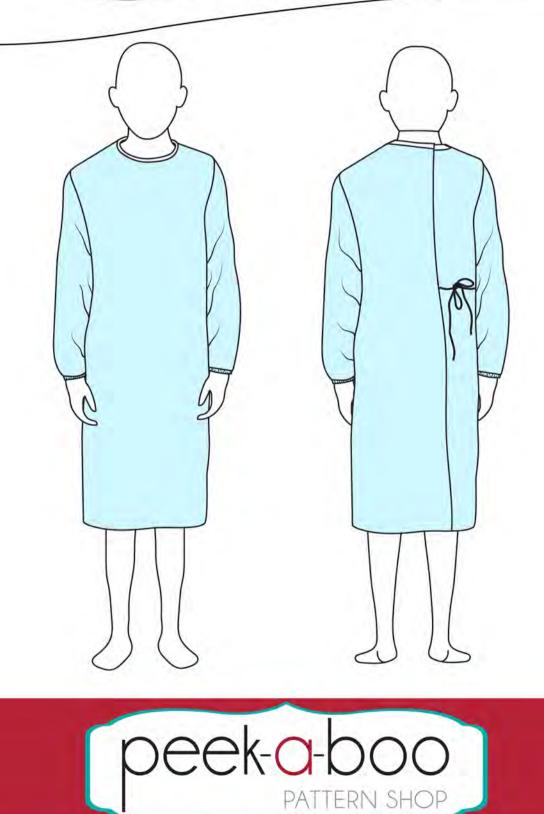
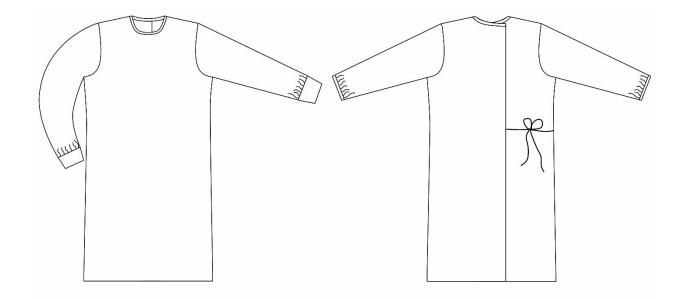


Sizes: Adult S-XL





Materials

- Main Fabric: Non-stretch light to medium weight fabrics
- 1/4" Elastic for wrists OR
- Cuff Fabric: Knit with at least 50% stretch and good recovery
- 1 package (2 yards) extra-wide double fold bias tape
- Velcro for neck closure

	Size	Fits Chest Size		Finished Width*		Finished Length		Fabric Required	
		inches	ст	inches	ст	inches	cm	44"	60"
	S	34- 36"	86.5-91.5	24"	61	44"	112	3.5 yds.	2 yds.
	Μ	37- 40"	94-101.5	26"	66	44.5"	113	3.75 yds.	2.75 yds.
Γ	L	41-44"	104-112	28"	71	45 "	114	4 yds.	2.75 yds.
	XL	45- 48"	114-122	30"	76	45.5 "	115.5	4 yds.	3 yds.

*Finished width is measured with the garment laying flat. Metric conversions are approximate and provided for your convenience.

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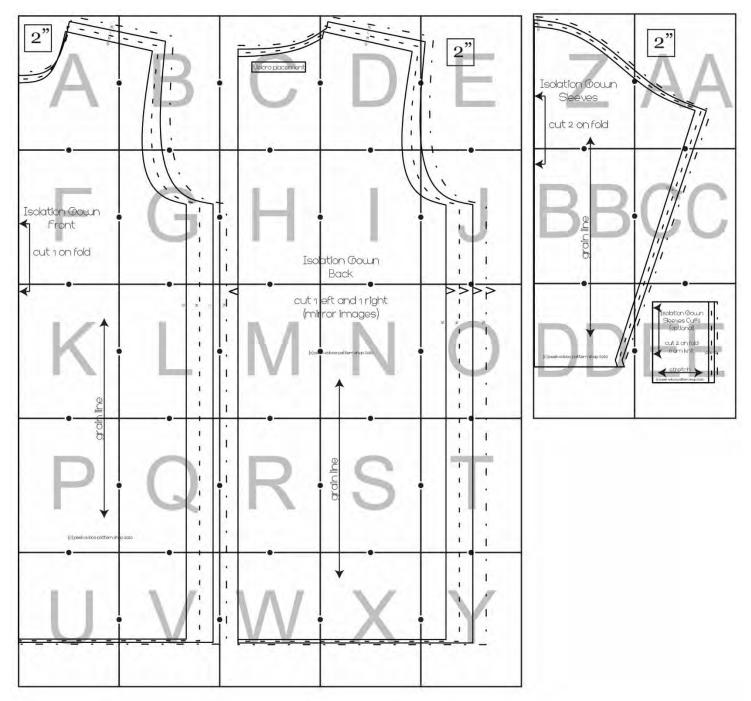
*Note: This pattern is for an isolation style gown. A handmade gown will not provide the same protection as a commercial gown. Your choice of fabric will impact the level of protection provided. If you are sewing gowns to donate, contact the organization prior to starting your project to verify the style needed and required type of fabric.

Choosing Your Size

The Isolation Gown is designed with enough ease to layer over other clothing. For a one-size fits most option, I recommend using the size large.

Cutting Out Your Pieces

Patterns should be printed at 100% scale. Measure the 2" box to ensure the pattern printed correctly. Tape the pattern together along the black lines so the black markings form complete circles. Lay out all pieces prior to cutting to ensure the most efficient use of your fabric.



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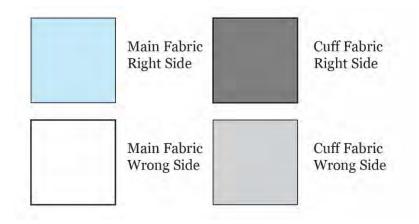
Sewing Guidelines

Pre-wash and dry your fabric.

Use a 1/2" seam allowance.

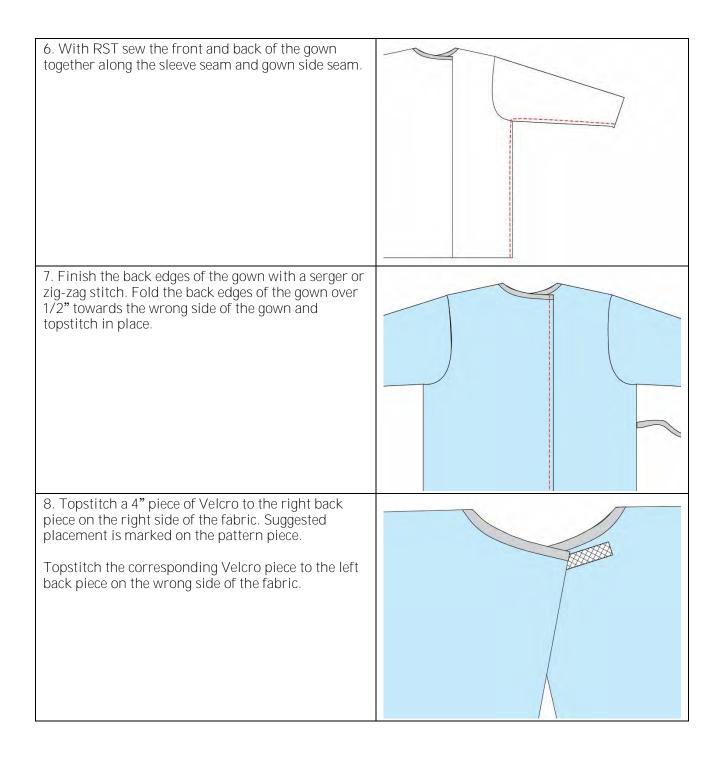
If you are using a fabric that frays, finish all seams with a serger or zig-zag stitch.

Assembly



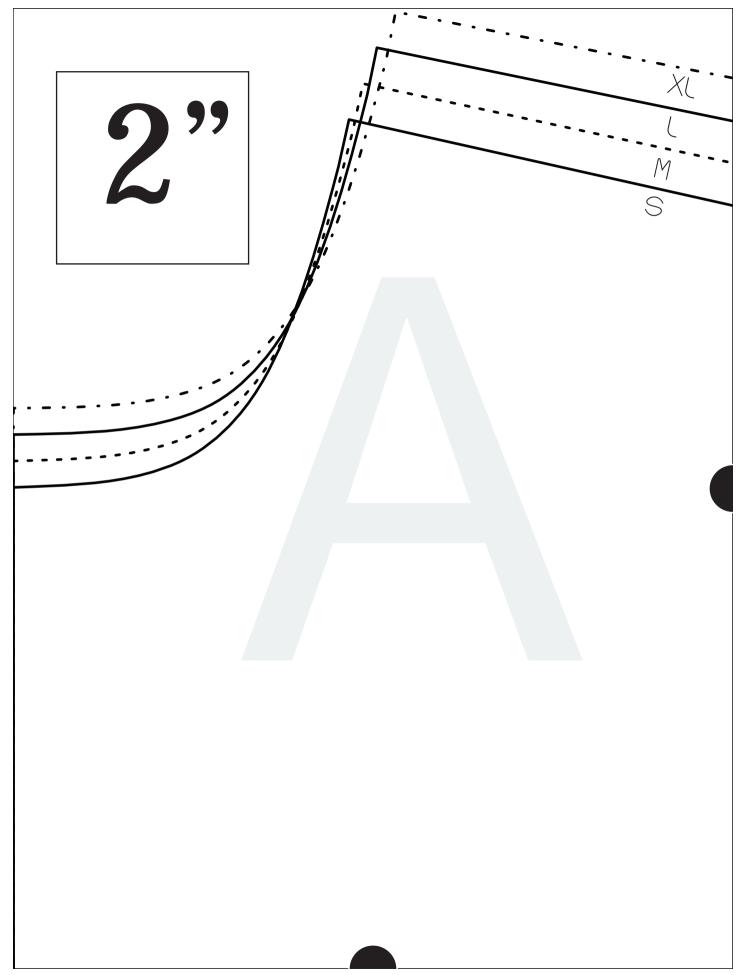
1. Cut two pieces of double fold bias tape to 20" for the ties on the back of the gown. Topstitch along the bottom edge of the bias tape to sew it shut and create the ties. Fold one short edge over twice and topstitch to finish the raw edges.	۲
 2. Align the raw edge of one tie piece with the notch on the side seam of the right back piece on the right side of the fabric. Topstitch the tie in place. 	

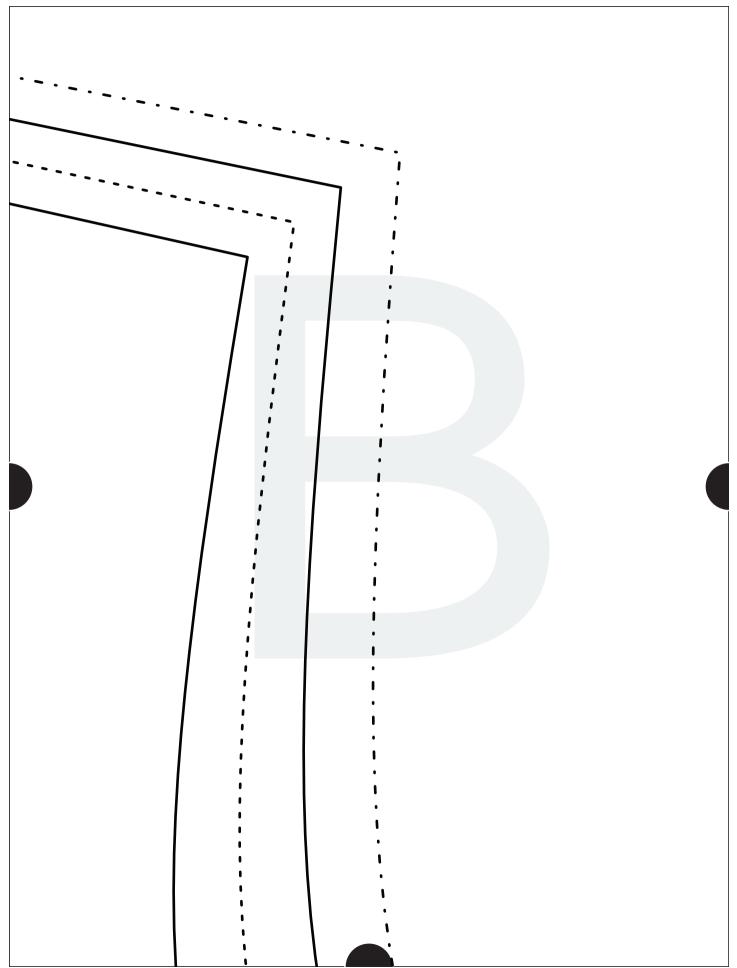
3. With right sides together (RST) sew the front and back pieces together at the shoulder seams.	
4. Finish the gown neckline with double fold bias tape.	
5. With RST sew the sleeves into the gown arm openings.	

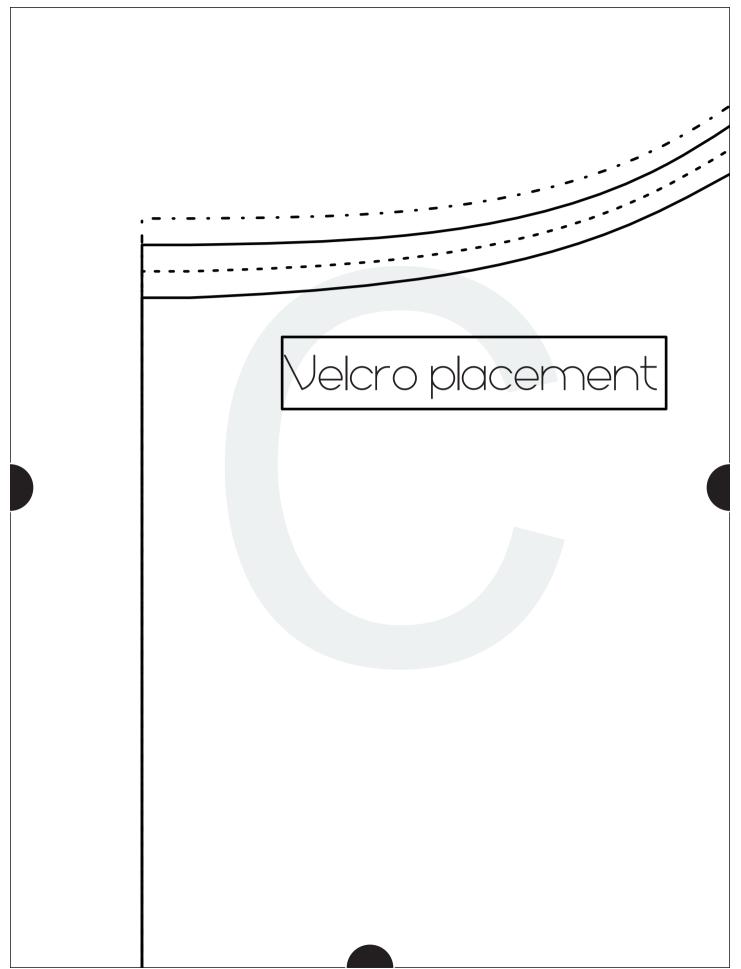


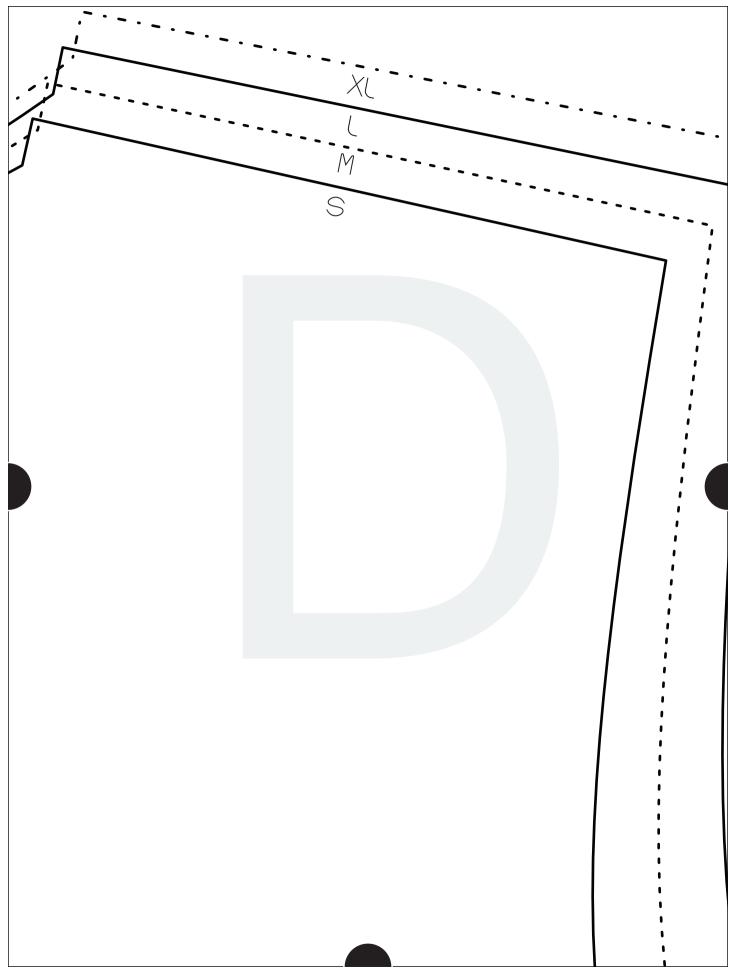
9. Topstitch the raw edges of the other tie piece to the left back piece at the marked notch.	
10. Finish the hem of the gown with a serger or zig- zag stitch. Fold the hem of the gown over 1/2" towards the wrong side of the gown and topstitch in place.	<>
Elastic Sleeves	
11. Finish the sleeve hems with a serger or zig-zag stitch. Fold the sleeve hems over 1/2" towards the wrong side of the sleeve. Topstitch the sleeve hems in place leaving a 1" gap to thread the elastic through.	
12. Use a safety pin to thread the elastic through the sleeve hems. Overlap the elastic ends 1/2" and sew together. A suggested elastic length is listed below: S 7.5" 19 M 8" 20.5 L 8.5" 21.5 XL 9" 23	
13. Topstitch the gap in the casing shut.	

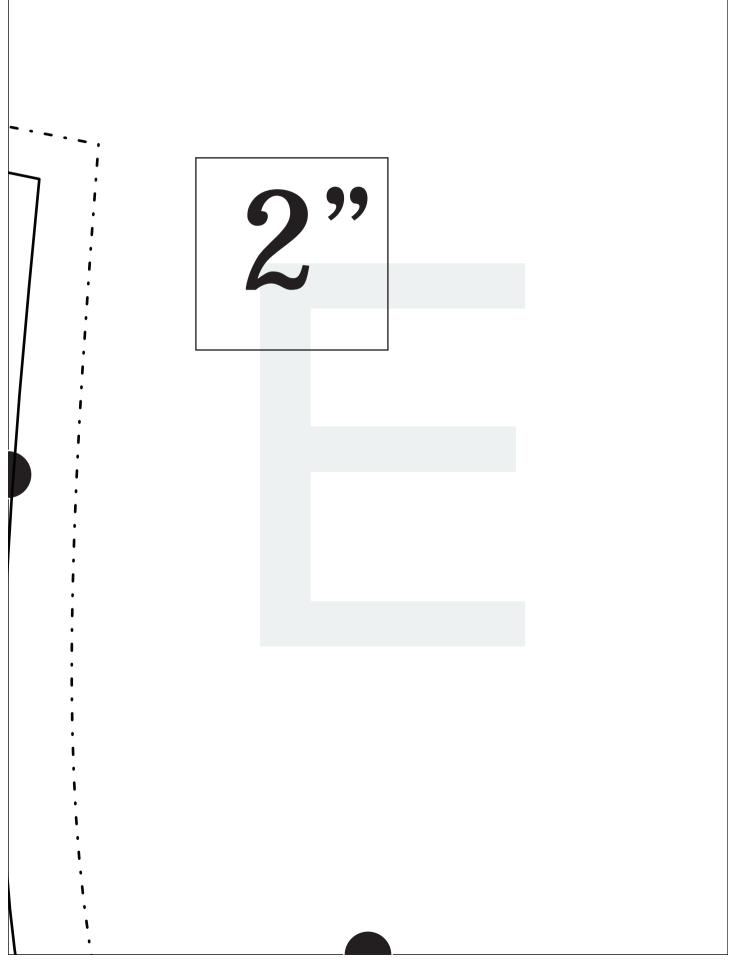
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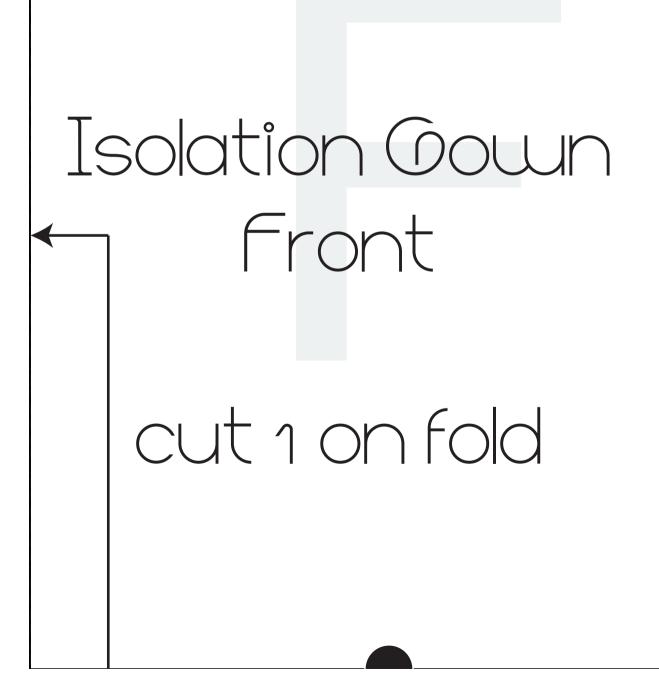


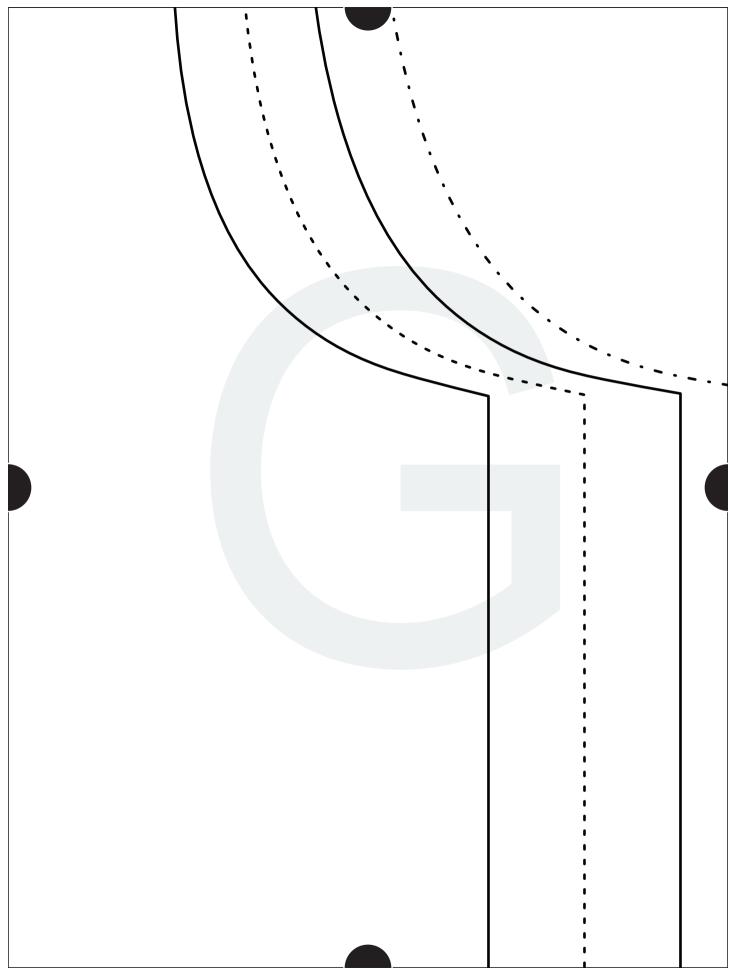


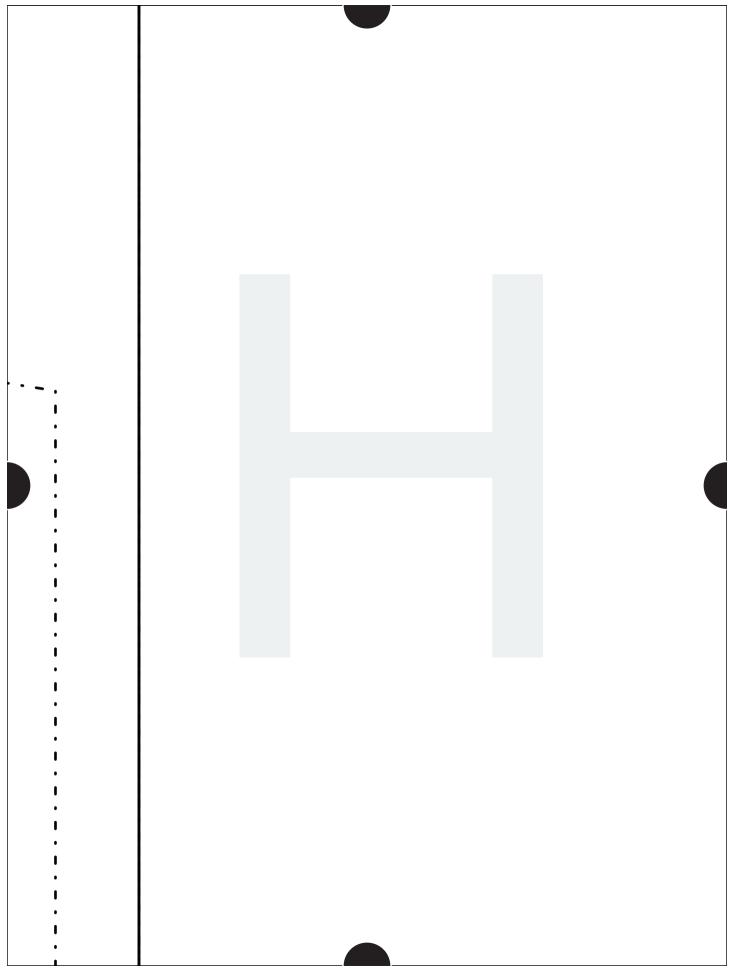












Isolation Gown Back

cut 1 left and 1 right (mirror images)

